

Cambridge University Bowmen Committee Meeting

Minutes taken by: Liam Pattinson

Thursday 12th September, 2019

Attending

- Robert Spencer (Captain)
- Liam Pattinson (Secretary/Tournaments)
- Kimberley Callaghan (Development)
- Abigail Pearce (Women's)
- Sam Kitson-Platt (Publicity)
- Zhengao Di (Equipment)
- Yuhang Xie (Social)

Apologies

- Lukas Cincikas (Treasurer)
- Andrew Browne (Novice)
- Alexander Kent (Equipment)

Agenda

- Welcome and apologies.
- CAA end of season shoot.
- Moving indoors.
- CSA meetings.
- First aid society.
- Level 1 coaching course report.
- Captain's report.
 - Club registration.
 - Coaching allocations.
 - Taster session.
- Secretary's report.
 - Stash updates for 2019/20.
 - AGB annual returns.
- Treasurer's report.
 - CAA/SCAS fees.
- Equipment report.
 - Preparing for have-a-go sessions.
 - Tent for BUCS outdoors.
- Tournaments/records report.
 - Advice for records in 'nested rounds'
 - Target day requests.
- Publicity report.
 - Start of term publicity.
 - Leaflets for Freshers'/Sports Fair.
 - Clickers sponsorship.
- Development report.
 - Yoga session updates.
 - Plan for sessions/seminars/resources.
 - S&C preparation.
- Womens' Officer report.
 - Disabled student taster sessions.
- Any remaining business.

Minutes

Welcome and apologies.

The meeting started at 18:00 at CMS. Previous minutes were proposed by RS, and seconded by SK.

CAA end of season shoot.

We will be hosting the CAA end of season shoot on Saturday 28th February. We are expecting around 50 people to attend, and will need to obtain additional bosses. We have a choice between moving our own bosses from the Sports Centre or Elizabeth Way Rifle Range, or borrowing bosses from other clubs (e.g. Peacock, Netherhall). It was proposed that we could contact Peacock and request to use their van. This could also be used to move our equipment in preparation for the indoor season.

ACTION, RS: Decide how to provide bosses.

Some club members will be needed to help run the shoot, serving as field crew or judges.

Moving indoors.

We will need to move some equipment to the Sports Centre and Elizabeth Way Rifle Range in preparation for the indoor season. In particular, we need to ensure both venues have sufficient bosses with good-quality Danage, and a suitable amount of bows, arrows, and accessories available. The Rifle Range will need to be stocked with bows for the novice squad, while the Sports Centre will need to be stocked with bows for the beginners' course. All equipment should be checked before use. The move is scheduled to happen on the 28th after the end of season shoot. In previous years, a gift has been purchased for the Churchill groundskeepers following the outdoor season.

ACTION, RS: Organise groundskeepers gift.

CSA meetings.

There will be a Cambridge Shooting Association (CSA) meeting at the Elizabeth Way Rifle Range on October 10th, and the AGM will follow on October 31st. RS and LP volunteered to attend. It was advised that they should request CUA fees to be lowered, as they currently pay twice that of CUB members for no additional benefit.

First aid society.

The First Aid Society have approached us to arrange a first aid training session. This would be valuable for most members of the committee, so is highly encouraged. RS is currently liaising with the society to schedule a session.

ACTION, RS: Liase with first aid society, report back to committee.

Level 1 coaching course report.

AP has completed her first two sessions of a level 1 coaching course. She is now in a position to offer some guidance to the rest of the committee on how we can most effectively teach on the beginners' course. Some advice shared at the meeting was that we shouldn't encourage stretching before shooting, and that we shouldn't use sights for the first session,

ACTION, AP: Circulate coaching advice.

Captain's report.

Club registration.

Now that Archery GB has opened renewals for the year 2019-20, we are affiliated with our national governing body and our club registration is completed.

Coaching allocations.

Following a meeting with Philip and Mary, RS has arranged our coaching allocations for the following year. Coaching will occur every Wednesday in Michaelmas and Lent terms, and on two Sundays in Lent term. In Easter term, coaching frequency will be reduced to once every fortnight. Two sessions per term may be allocated to development scheme coaching for larger groups, at the discretion of the development officer.

Taster session.

We will be running a 'bring a friend' taster session on 26th September. The committee decided to charge £3 for attendance.

ACTION, RS: Advertise taster session to club.

Secretary's report.

Stash updates for 2019/20.

A new site for club stash has been made available by the sports centre. Free delivery is possible only for orders over £100, so it is recommended that our members make bulk purchases in small groups. Not all committee members were happy with the design of the new kits. In particular, there were complaints regarding the lack of a collared shirt or any kind of patterned design.

ACTION, LP: Liase with the Sports Centre about getting a collared shirt.

AGB annual returns.

As mentioned previously, we are now reaffiliated with Archery GB for the year 2019-20. However, reaffiliation of individual members has not yet been completed. This year, Archery GB have decided not to send membership cards to university clubs.

ACTION, LP: Reaffiliate individual members.

Equipment report.

Preparing for have-a-go sessions.

We will need to move the beginners' bows to the Sports Centre, and check that are suitable for use (e.g. all have correctly fitting strings, good range of draw weights available). Damage blocks may also need to be rotated.

ACTION, ZD/AK: Move/check beginner bows, rotate damage.

Some bows are currently rented out and will need to be returned in advance of the beginners' course and novice training.

ACTION, ZD/AK: Have bows returned on time.

Tent for BUCS outdoors.

It was suggested that the club may purchase a large tent for six people at £125, as this would be useful for BUCS Outdoors or other weekend competitions. The committee decided not to pursue this.

Tournaments/records report.

Advice for records in ‘nested rounds’

There have been discussions in the club regarding the legitimacy of records claimed from ‘nested rounds’, such as a Long Metric within a WA1440, or a Long National within a York. Historically, most of our records for Long and Short Metrics have been obtained from WA1440’s. It was decided that the club would continue to permit this, but not allow any nesting of other rounds.

Target day requests.

There are plans to run a Warwick target day on Wednesday 18th.

ACTION, LP: Advertise target day.

We may also run an American on September 29th, though as this will be the day after the CAA end of season shoot, we will have to gauge interest from the club before going ahead.

Publicity report.

Start of term publicity.

SK is planning to distribute posters to be placed in colleges. These will be modified posters from last year, with new dates and QR codes.

ACTION, SK: Update posters.

The club website should be updated accordingly to advertise the beginners’ course and provide sign-up information.

ACTION, MD: Update website to include sign-up banner.

SK is planning to re-run ‘Meet the Committee’ posts on our Facebook page. A uniform set of photos will be taken of the committee on October 11th.

ACTION, SK: Email committee for photos closer to the date.

Leaflets for Freshers’/Sports Fair.

We will also need to produce leaflets to hand out at the Freshers’ Fair and Sports Fair. These will likely be a scaled-down version of the poster. The Sports Centre will also provide some leaflets of their own design. AB has offered to assist with printing any publicity materials.

Clickers sponsorship.

After corresponding with Clickers, they are keen to continue providing a 10% discount as in previous years. They also offered to supply target faces for any tournaments we host.

They have also offered to run a scheme in which the club purchases equipment in bulk for a 20% discount. This could then be sold on to our novices/beginners at an increased price, so the club can make some profit. Any unsold items could then be returned sometime after Christmas for a refund.

ACTION, SK: Create spreadsheet for common items and prices.

Development report.

Yoga session updates.

KC has been in contact with the yoga instructor mentioned in the previous minutes, and he is happy to run session. He can run it at any time we like, and will charge £35 per hour in the afternoons and £40 per hour after 6pm. It was suggested that we could request a room from the sports centre, or we could book a college room.

Plan for sessions/seminars/resources.

KC plans to run 3 seminars in the first 2 terms, which will be open to all members and will require an entry fee. Jack Atkinson has offered to run a seminar on mental skills, and Paula from Peacock Archery will be able to run a session on sports-physio. Another session may focus on exercises that can be performed at home.

There are also plans to run equipment sessions to assist with arrow awards. These will include how to tie nocks, fletch arrows, and buy equipment.

The club will also buy in Cliniband for use during the beginners' course and sell some of it on. It was decided to buy 50m of yellow band and 10m of red. It was also agreed that the club would buy in 4 elbow slings and a small mirror for general use.

S&C preparation.

RS and KC will be in contact with Tristan at the Sports Centre to organise an S&C plan for the next year.

Womens' Officer report.

Disabled student taster sessions.

AP is now trained to coach archery to various disabled students. It was decided that it would be easier to run a disabled student taster session during the outdoor season, so this will be delayed to March/April next year.

Novice Officer's report.

(Sent via email)

More sign-ups are required to run the have-a-go sessions and beginners' course.

Any remaining business.

Robert Fryers, an alumn of the club, has offered to assist with novice training. RS and AB will correspond.

ZD was asked to keep checking up on equipment (finger slings, bow strings) to ensure they're the right size throughout term. There were difficulties last year with keeping bows in working order.

ACTION, ZD: Make longer finger slings.

RS proposed that CUA should be entitled to coaching and S&C, though at lower priority than CUB members.

ACTION, RS: Cheque for CAA/SCAS

The meeting finished at 19:40. The next meeting will be on September 19th, followed by another on September 26th.